



Questions To Ask The Doctor

Be organized and succinct with your questions. Write them down on a piece of paper or type them into your smartphone to refer to prior to the appointment. Bring a note pad or use your phone to record notes. Remember that primary care clinics are very busy so stay organized, plan ahead, and prioritize what is most important for you to know. Here are some examples of questions you might ask the medical team:

1. What is the name of the medication?
2. How will the medication help the child?
3. What changes should we expect to see? How long before we expect to see changes and/or improvement?
4. What are the risks and side effects associated with this medication?
5. What do I do if side effects develop?
6. How long do you expect the child will need the medication, and how will the decision be made to stop using it?
7. What kind of monitoring practice can I expect of the prescribing clinic to assess my child's response to the medication?
8. Is this medication addictive? Can it be abused?
9. Are there other medications, foods, or activities which my child should avoid while taking this medication?
10. Are there adverse interactions between this medication and other prescription, over-the-counter, or herbal medications?
11. Does my child's school nurse need to be informed about this medication?
12. When is the next follow up appointment to assess progress of treatment?